

Are you **PHYREDUP** for 2018?

Let's craft it, **NOW!**

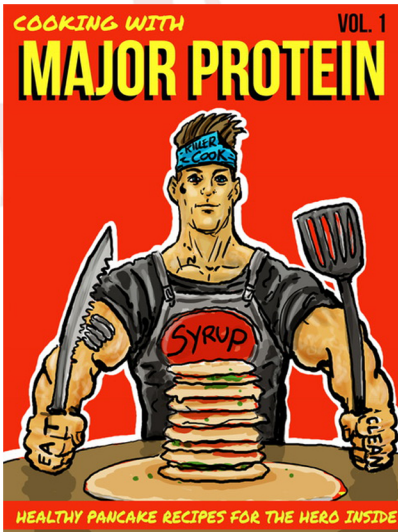
What: Vision Board Workshop:   
believe it & feel it

When: SUN 1/28, 6:30PM

Where: 7950 W. Sunset Blvd.
Enter bldg on Hayworth & use
call box; Garage \$5

Cost: \$5 = supplies

Nosh: SJ, Major Protein



The ASTD
(American Society of Training &
Development) states:

↑ 65% = Verbally commit to
an action

↑ 95% = Commit to an
accountability partner

Let's Do This 

Questions & RSVP to: jacqueline@phyredup.com